



1st CELTIC
OPEN MASTERS SHORT
COURSE MEET



Saturday 22nd Oct 2011
National Aquatic Centre (NAC), Dublin

Dear Swimmers,

Aer Lingus Masters and NAC Masters are joining forces to hold the 1st CELTIC OPEN MASTERS SHORT COURSE MEET in the National Aquatic Centre (NAC), Dublin on Saturday 22nd October 2011.

Please find enclosed Meet Information, Order of Events & Entry Forms.

We have included 50m, 100m and 200m in all four strokes and 100m, 200m and 400m IMs.

Relays are 4X50m Mixed Medley (MTR) and 4X50m Mixed Freestyle (FTR). Also, for the first time in an Irish Masters meet, we have included 4X200m Freestyle relays for Men and Women. These were first introduced into Masters by FINA in 2009.

Irish winners of these Relays will set Irish Masters Records.

There is an Invitational Water Polo Relay (7X25m) for Water Polo Clubs (Men or women or mixed).

The closing date for entries is 1st October 2011.

Entries together with payment to be sent to:

Gala Organiser
Mary Fitzpatrick
501, Griffith Avenue
Dublin 11 Ireland

PH :01 8360691

e-mail: celticopenmasters@gmail.com

CELTIC MASTERS Gala Information

1. Venue:	National Aquatic Centre, N.A.C., Snugborough Road, Blanchardstown, Dublin 15.		
2. Facilities:	10 Lane Short Course (25m) pool with Warm up/Swim down facility throughout the day in the diving pit. OMEGA electronic timing.		
3. Time	Session 1 – Saturday October 22 nd Warm up 9.00am Start 9.45am Session 2 – Saturday October 22 nd Warm up 1.30pm Start 2.00pm		
4. Heats	All events will be run as Heat Declared Winner (HDW) events with seeded heats, mixed Men and Women. All events will run 10 Lane Heats “Overhead starts” will be used for ALL events		
5. Age	Age Groups for Men & Women Individuals :- 19yrs – 24yrs, 25yrs – 29yrs, 30yrs – 34yrs etc. and upwards in 5 year intervals. Relays :- 76yrs-99yrs, 100yrs-119yrs, 120yrs-159yrs, 160yrs-199yrs, etc. and upwards in 40 year intervals. Age at 31st December 2011 and all competitors must be 19 years or over on the day of swim and must be a member of an affiliated club. Competitors may represent only ONE club in the competition (Excluding the Water Polo Relay).		
6.	Dependent on the number of entries received the organisers reserve the right to (1) Limit number of heats if necessary (2) Adjust the start time of the sessions if necessary.		
7.	Health and Insurance are the responsibility of the entrant		
8. ENTRY FEES	Individual	€8	(£7 GBP)
	Relay	€15	(£12 GBP)
Entries will not be accepted without an entry time or fee.			
NO LATE ENTRIES NOR CHANGES ON THE DAY WILL BE ACCEPTED.			
10.	Cheques made payable to AER LINGUS MASTERS Completed entry forms and payment to be sent to :- Gala Organiser Mary Fitzpatrick 501, Griffith Avenue Dublin 11 Ireland PH :01 8360691 e-mail: celticopenmasters@gmail.com CLOSING DATE FOR ENTRIES 1ST OCT 2011		

After the gala why not join us in “The Bell”, Blanchardstown for hot food immediately after the Gala.

COST : €8 (£7 GBP).

This must be booked and paid for together with your entries.

PROGRAMME OF EVENTS

Session 1 – Saturday 22nd Oct 2011

Warm Up: 9.00am – Start 9.45am

Event 1	400m	Individual Medley	[Mixed]
Event 2	50m	Butterfly	[Mixed]
Event 3	100m	Backstroke	[Mixed]
Event 4	200m	Breaststroke	[Mixed]
Event 5	4X50m	Mixed MTR	[Mixed]
Event 6	50m	Freestyle	[Mixed]
Event 7	200m	Butterfly	[Mixed]
Event 8	7X25m	Invitational Water Polo Relay	
Event 9	200m	Individual Medley	[Mixed]
Event 10	4X200m	Men's FTR	
Event 11	4X200m	Women's FTR	

Session 2 – Saturday 22nd Oct 2011

Warm Up: 1.30pm – Start 2.00pm

Event 12	200m	Backstroke	[Mixed]
Event 13	100m	Individual Medley	[Mixed]
Event 14	100m	Breaststroke	[Mixed]
Event 15	50m	Backstroke	[Mixed]
Event 16	100m	Butterfly	[Mixed]
Event 17	200m	Freestyle	[Mixed]
Event 18	50m	Breaststroke	[Mixed]
Event 19	100m	Freestyle	[Mixed]
Event 20	4X50m	Mixed FTR	

Individual Entry Sheet

Please enter details in BLOCK CAPITALS

Last Name		First Name	
	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Reg. No.
Date of Birth		Age Group	
Club			
Contact Tel. No.			
Email Address	Please include your mail address so that entries can be confirmed in advance of the gala		

Session		Event	Fee	Entry Time
1	1	400m Individual Medley	€8/£7	
	2	50m Butterfly	€8/£7	
	3	100m Backstroke	€8/£7	
	4	200m Breaststroke	€8/£7	
	6	50m Freestyle	€8/£7	
	7	200m Butterfly	€8/£7	
	9	200m Individual Medley	€8/£7	
2	12	200m Backstroke	€8/£7	
	13	100m Individual Medley	€8/£7	
	14	100m Breaststroke	€8/£7	
	15	50m Backstroke	€8/£7	
	16	100m Butterfly	€8/£7	
	17	200m Freestyle	€8/£7	
	18	50m Breaststroke	€8/£7	
	19	100m Freestyle	€8/£7	
Total entry fees				

Competitor Signature

Relay Team Entry Sheet

Please enter details in BLOCK CAPITALS

Session	Event	Event	Age	Entry Time	
ONE	5	4 X 50m Mixed Medley Team Relay	76-99		
			100-119		
			120-159		
			160-199		
			200-239		
			240-279		
			280-319		
	8	7X25 Invitational Polo Relay	Relay Team Members MUST be over 18 on day of Meet		
	10	4X200m Mens Freestyle Team Relay	76-99		
			100-119		
			120-159		
			160-199		
			200-239		
			240-279		
			280-319		
	11	4X200m Womens Freestyle Team Relay	76-99		
			100-119		
			120-159		
			160-199		
			200-239		
			240-279		
280-319					
TWO	20	4X50m Mixed Freestyle Team Relay	76-99		
			100-119		
			120-159		
			160-199		
			200-239		
			240-279		
			280-319		
Team Signature 		Total Number of Relays @ €15/£12	Total Relay Fees € or £		

Fees Summary

Total Individual Fees _____ @ €8/£7 €..... £.....

Total Relay Fees _____ @ €15/£12 €..... £.....

Total Hot Food order _____ @ €8/£7 €..... £.....

TOTAL ENCLOSED €..... £.....